



Cambridge Harriers

Under 15 Girls

Track & Field Club Records



Event	Performance	Athlete (s)	Date	Venue
80m	10.3s	Cheryl Pizzey	1976	
100m	12.05s	Emily Cadman	10/09/2023	Oxford
200m	24.25s	Vernicha James	11.07.1998	Exeter
300m	40.71s (i)	Emily Cadman	19/03/2023	Lee Valley
800m	2:10.42s	Sabrina Sinha	18.05.2013	Milton Keynes
1500m	4:24.62s	Sabrina Sinha	06.06.2013	Birmingham
3000m	10:03.57s	Sabrina Sinha	21.07.2013	Hendon
75mH	10.40s	Nia Thomas	10.08.2024	Walton-on-Thames
High Jump	1.72m	Kacey Walters	22.04.2019	Tonbridge
Long Jump	5.59m	Jackie Boorman	1982	
Triple Jump	10.48m (i)	Kacey Walters	13.01.2019	Lee Valley
Pole Vault	2.09m	Paige Macheath	22.06.2014	Parliament Hill
Hammer (3k)	26.78m	Isabelle Stevens	29.04.2023	Bromley
Shot (3k)	14.33m	Nana Gyedu	14.08.2017	Bromley
Discus	34.09m	Divine Oladipo	11.08.2013	Hendon
Javelin (500g)	35.29m	Katie Marsh	17.06.2019	Bromley
Pentathlon (800)	2575 points	Gabriella Noyce	26.06.2022	Crawley
2000m Walk	9:31.4s	Sophie Lewis Ward	29.09.2013	Dudley
3000m Walk	15:03.7s	Heather Butcher	24.03.2012	Horsham
4 x 100m Relay	49.9s	Esther Jackson Mary Schouvaloff Renay Thomas Shiann Brock-Walters	07.08.2016	Gillingham
4 x 300m Relay	2:57.56s	Michelina Ashong Shiann Brock-Walters Gemma Mullings Monay Thomas	20.09.2015	Tonbridge
4 x 400m Relay	3:46.65s	Victoria Valentine Laura Raven Deborah Okangi Vernicha James	1998	