

1. Rules

- a) No rule may be made, amended or rescinded except at the Annual General Meeting or Special General Meeting called for that purpose.
- b) All questions which may arise concerning the Management of the Club or interpretation of these rules shall be decided by the Trustees.

2. Colours

- a) The Club colours shall be light blue vests with black trimmings and black shorts.
- b) Club colours must be worn when representing the Club in team competitions. Members are encouraged to wear them in all other competitions.

3. Affiliations

The Club and all competing members must be registered in accordance with the requirements of the National, Regional and County athletic authorities.

4. Management and Officers

- a) The management of the Club shall be vested in a Committee to be elected at the Annual General Meeting consisting of the President, President Elect, Lat years President, Chair Person, Hon. General Secretary. Hon. Treasurer, Membership Secretary, the Secretaries of the Club Sections, Coaching Co-ordinator, Communications Secretary, Club House Coordinator, together with a maximum of four first claim members provided that at least one member of the Committee is a Trustee of the ClO.
- b) In the event of any elected member of the Committee failing to attend three consecutive meetings, this may be considered equivalent to resignation from the Committee. The Committee has the power to fill the vacancy and any person so elected shall retain office until the next Annual General Meeting.
- c) The Committee has the power to appoint sub-committees and to delegate to them such powers as may be necessary, and to include such sub-committee members who are not members of the Committee.
- d) The Committee shall meet at least every two months and seven persons shall constitute a quorum provided that at least one person present is a Trustee of the Club. Past Presidents can attend but not vote at these meetings.
- e) The President Elect shall be chosen at the Annual General Meeting from the Vice Presidents and Past Presidents and the person so chosen shall become the President of the Club from the date of the following Annual General Meeting until the successive Annual General Meeting.
- f) A Vice Presidency may be conferred upon any member considered to have performed meritorious service to the Club.

g) Nominations for President Elect and Vice Presidents, as selected by the Presidential sub-committee, must be approved by the Committee prior to their election at the Annual General Meeting.

5. Activities

- a) The activities of the Club shall be carried out by the Sections, as determined by the Committee and each Section shall be responsible for the organisation of the Club activities in it's own sphere.
- b) Each Section shall elect a Secretary and other such officers as may be required at an annual general meeting to be held not more than two months before the Club's Annual General Meeting. At least 28 days notice of such meeting shall be given in writing or electronically by the Section's Secretary to the Hon General Secretary and shall be published on the Club website. Officers elected shall be notified to the Hon General Secretary for approval prior to the Annual General Meeting. In the event that the Committee does not approve of the appointment of any, or all, of the Officers elected by a Section, or if the Officers are not elected in the manner set out above, then the matter shall be referred to the Annual General Meeting.

6. Finance

- a) The Hon Treasurer shall deal with the Club's monies in accordance with the Club's Finance Policy and in accordance with paragraph 25 of the Club's constitution. One Examiner shall be appointed at the Annual General Meeting to examine the accounts of the Club for the current year.
- b) The financial year shall be from 1st January to the 31st December.

7. Championship Awards and Club Records

- a) Club Championships shall be open to all members.
- b) Entry fees for Club Championships and Handicap events shall be determined by the relevant Section Secretary and shall be paid prior to the competition.
- c) All Club Championship Trophies are perpetual and shall be competed for annually or as decided by the Club Committee. All trophies shall be kept safely and in good condition and shall be returned to the Club in good time for the next competition or before that date if so directed by the Club Committee.
- d) No member shall receive an award until all financial liability to the Club has been discharged.
- e) Club records will only be accepted for performances by first claim members or for performances by second claim members competing as members of the Club.

8. Club Policies and Procedures

The Club will operate the following policies and procedures, copies of which can be obtained from the Hon. General Secretary and will be published on the Club Website:

Child Protection Policy / Equality & Diversity Policy / Health & Safety Policy / Finance Policy / Disciplinary Procedure.